



We teach Okinawan Shorin-Ryu (Matsumura Seito) at The Salvation Army Kroc Center, where learning to defend yourself, as well as improve your overall health, is not just a priority, it is also what we strive for.

Okinawan Shorin Ryu, What is it?

- **Earth Style Art (Sturdy stances with soft, fluid, techniques)**
- **Originally a Chinese art, sea traders brought the lessons over to Japan and taught the locals there.**
- **One of the Oldest Style of Martial Arts, Shorin Ryu combines elements of the traditional Okinawan fighting styles of Shuri-te.**

Why join us at The Salvation Army Kroc Center for Martial Arts?

Your child will learn a serious martial art. The benefits are learning a full range of basics and developing a strong foundation that will benefit them for the rest of their lives, even if they no longer do martial arts.

Shorin-Ryu is an Okinawan martial art designed for practical self-defense, as well as longevity and health benefits that will last for a lifetime, regardless of age."

Making sure your child knows their material?

With testing every 3 months, we will focus on certain requirements each month as relates to testing

Trouble with your child focusing and listening?

Training your child to focus and listen to commands will also improve their concentration and focus around the home and school.



We don't throw your child in "with the sharks". We take the time to teach your child martial arts basics so when they are ready, they can join the class and be prepared to successfully learn.

Keeping track of your students attendance

Using a yearly schedule, you can keep track of your students' progress in class and when required time for testing is getting close.



KROC
MS GULF COAST

OUR KIDS!

At Gulf Coast Martial Arts/The Salvation Army Kroc center, we help our students become faster, stronger, smarter, more disciplined and focused, and all around better.

You will see improvement in your Child's overall:

- Focus
- Agility
- Control
- Discipline
- Flexibility

Class Schedule:

Basic (5-12 year olds)

Friday: 5:00pm-6:00pm

Begginer/Intermediate

(13 year olds-adults)

Friday: 6:00pm-7:00pm

Advanced

Friday: 7:00pm-8:00pm

Payment MUST be received prior to the start of each monthly session.

Payments can be made at the Front Desk.

Kroc Membership Required

Registration Fee: \$30

Monthly Tuition: \$35

Register today online by visiting:

<https://bit.ly/3okCBZ6>

"Positive Character Development through the Study of Martial Arts"



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